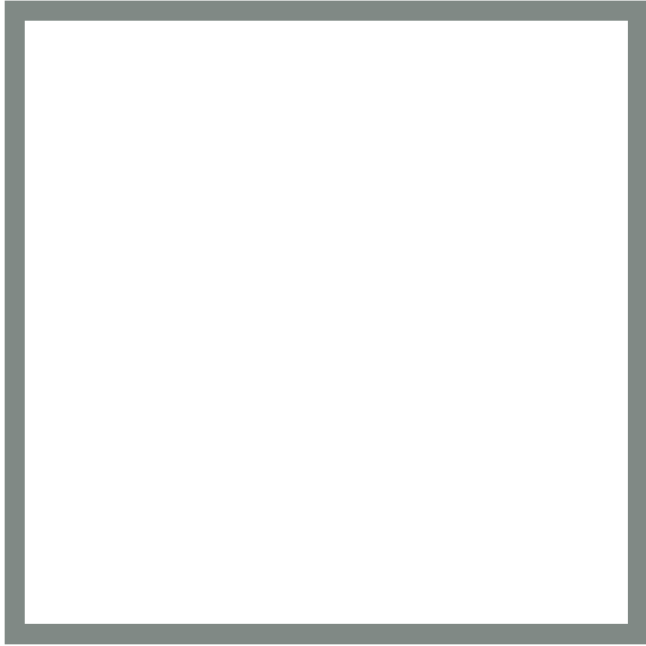
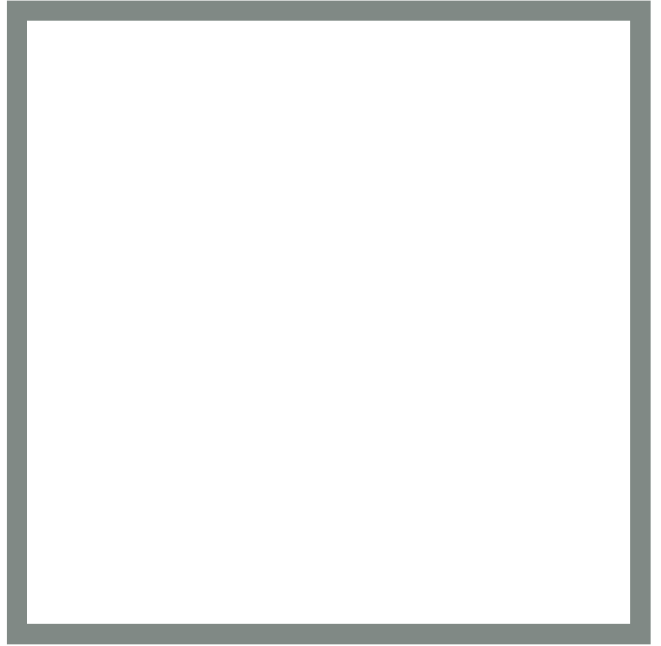


brain dump

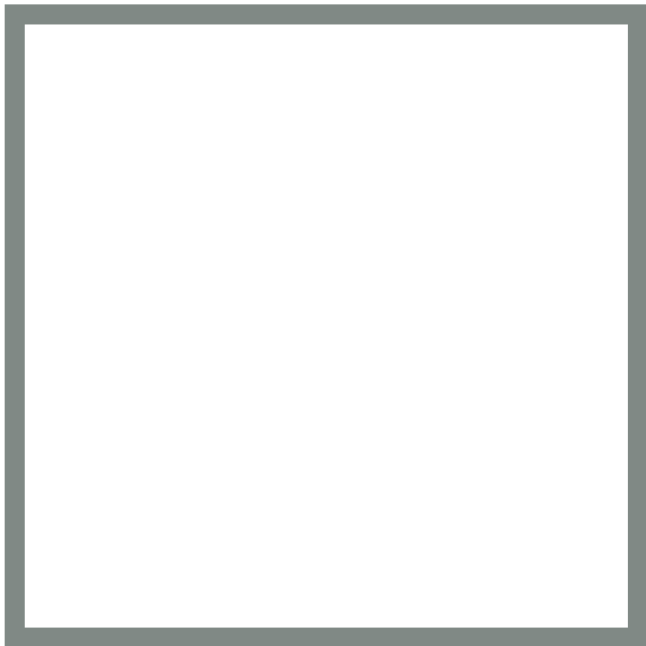
FEAR



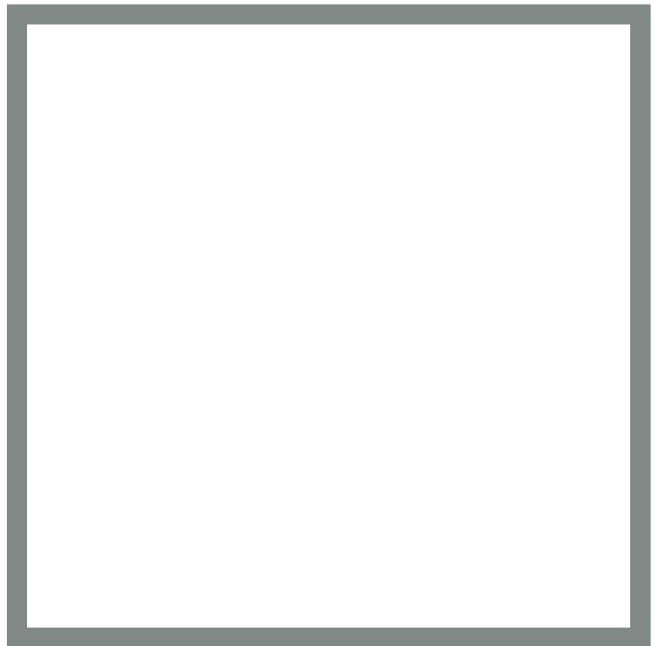
ANGER



JOY

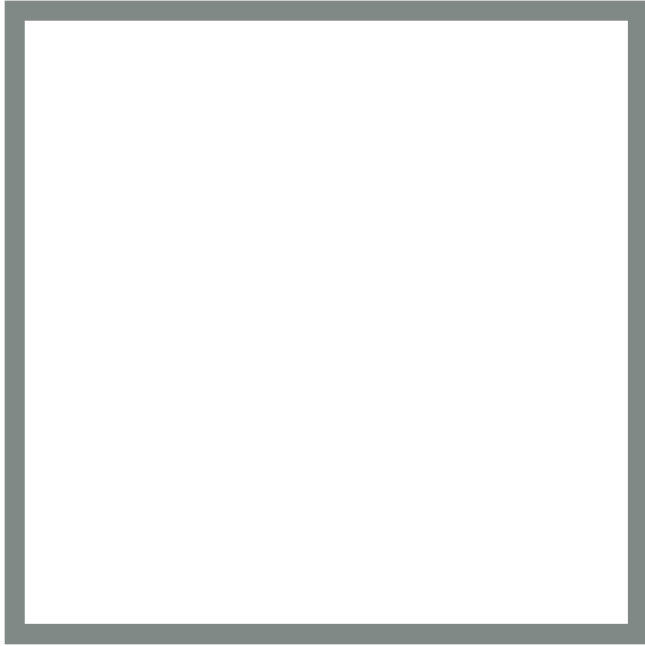


DISCOURAGEMENT

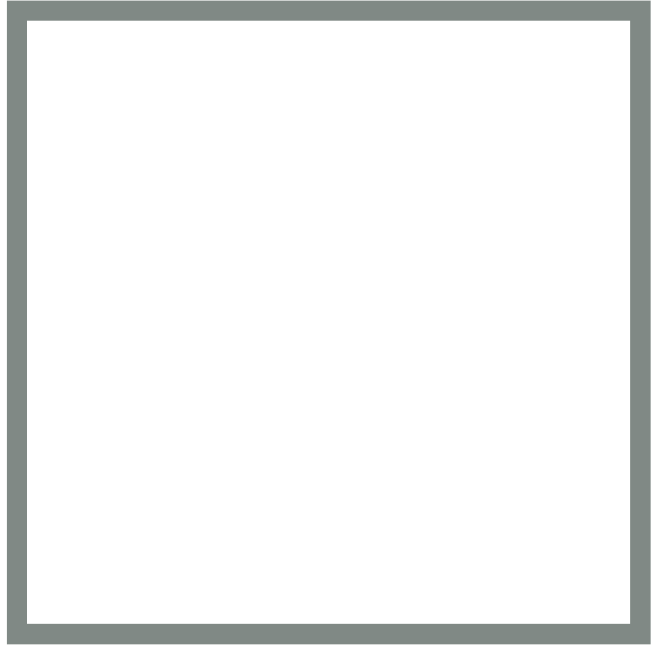


brain dump

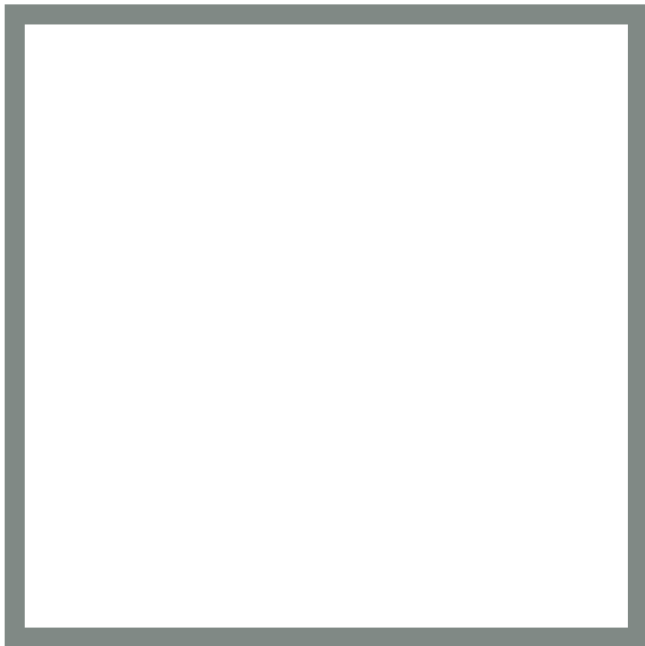
SADNESS

A large, empty rectangular box with a dark grey border, intended for writing about feelings of sadness.

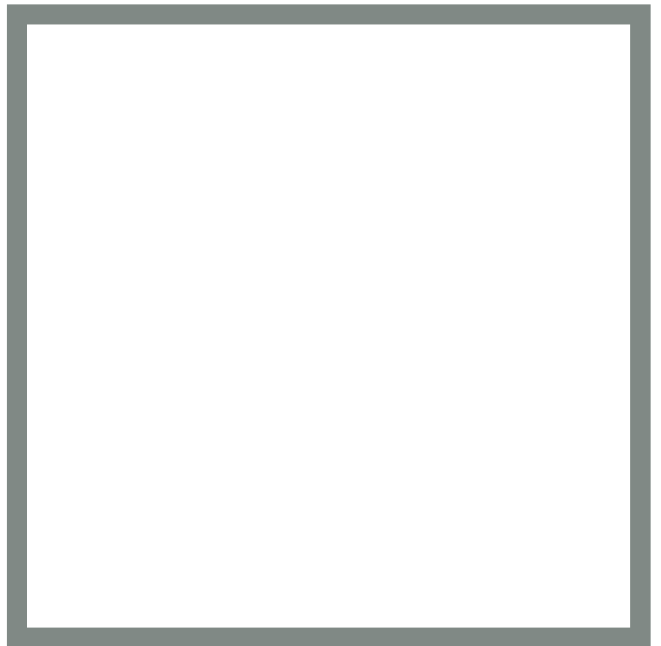
PROCRASTINATIONS

A large, empty rectangular box with a dark grey border, intended for writing about procrastinations.

INCOMPLETE GOALS

A large, empty rectangular box with a dark grey border, intended for writing about incomplete goals.

COMPLETE GOALS

A large, empty rectangular box with a dark grey border, intended for writing about complete goals.